



BOLIVIA, SOUTH AMERICA

The Bolivian Andes offer some of the most alluring climbing in the world.

Sajama & the Condoriri Training Program

**Are you considering training for a 7000 meter or 8000 meter peak?
Is your goal to climb Aconcagua or even Mount Everest?**

We feel Sajama and the Condoriri Training Program can be an excellent introduction to expedition peak climbing.

Learning to deal with altitude, extended days climbing glaciers and learning to pace yourself for long summit days takes practice.

We like this program for aspiring high altitude climbers because it combines the experiences of living and climbing from one Base Camp in Condoriri with climbing from a high camp on Sajama. In all you will attempt 4 peaks between the elevations of 17,000 feet and 21,400 feet. That is a lot of climbing experience on one trip!

MOUNTAIN-LOVER'S PARADISE

Rising to elevations between 13,000ft/4,000m and 21,000ft/6,500m, western Bolivia's massive glaciated peaks and the surrounding altiplano (high plains) feature cobalt-blue skies and remarkably stable weather. These high peaks provide superb and seemingly endless opportunities for alpinists and hikers.





OUR GOALS

Cerro Austria (17,550 feet/ 5,348m)

Great acclimatization hike from Condoriri Base Camp



Pequeno Alpamayo (17,618ft/5,370m)

Situated in the Condoriri Valley; an impressive peak and an excellent climb for inexperienced climbers. A pyramid of snow about 55 degrees.

Cabeza de Condor (18,530 ft/5,648m)

A more technical climbing experience; this beautiful peak is also known as the Bolivia Matterhorn; mixed climb and much more technical than Pequeño Alpamayo.



Sajama (21,486ft/6,549m.)The highest mountain in Bolivia; the main challenge are severe local storms, high winds and the altitude. Temperatures can fall as low as -20 degrees Celsius at night.

QUALIFICATIONS

For this climb, you will need to be in excellent physical condition to be able to confront the challenges of high altitude. Prior mountaineering experience is recommended. You will need to carefully monitor your body's ability to acclimatize. This will require patience and good judgment. Your guides will help you make good decisions.





Day 1 / August 16 International flight to La Paz, Bolivia.

Day 2 / August 17 Arrive in La Paz. You will be met by our staff and transferred to a first-class hotel in La Paz. One of the most scenic and fascinating cities in South America, La Paz is located at more than 12,000 ft/3,650m above sea level. Your flight will arrive in the morning and you will have the day to relax and begin acclimatizing. Team meeting in the evening.

Overnight La Paz

Day 3 / August 18 Go on the "Journey of Peace" (3 hrs.) towards Copacabana, a city on the edge of Lake Titicaca. In the afternoon, we will sail (1.5 hrs.) to the "Isla del Sol" (Sun Island) and visit archaeological sites such as Pilkokaina and Inkaiko Jardín (Inkaiko Garden).

Overnight Copacabana– Breakfast included.

Day 4 / August 19 Within the surrounding hills, we will climb to the pre-Incan astronomical observatory known as, la "Horca del Inca" (Gallows of the Inca) erected in pre-Inka times. The Horca del Inca was a, built during the 14th century by the Chiripa people. The remains of the Horca del Inca was actually a part of seven trilithic structures, positioned to study the sun, moon and stars above Lake Titicaca. We will participate in traditional ceremonies at Calvary or at Crucis on the mountain. In the afternoon, we will return to our hotel in La Paz.

Overnight La Paz– Breakfast included.

Day 5 / August 20 We will leave very early for the Cordillera Real. We will head towards "La Rinconada" which is found at the end of the road. From there, we begin our 2hr walk to the Chiarkota lagoon 15,091ft/4,600m surrounded by snow-capped Condoriri.

Overnight Base Camp– Breakfast, lunch, dinner included.

Day 6 / August 21 Acclimatization hike (4 hrs.). A well-marked trail and slated rock boards will lead us with no trouble to the summit of Pico Austria 17,388ft/5,300m. Return to base camp.

Overnight Base Camp– Breakfast, lunch, dinner included.

Day 7 / August 22 Today we'll make our way towards the Head of Condor glacier and review our technical skills on the mountain, which includes crossing techniques, ice climbing, and roping. Return to base camp.

Overnight Base Camp– Breakfast, lunch, dinner included.





Day 8 / August 23 We will depart in the early hours at approx. 4am and make our way to one of the most beautiful peaks of Condoriri, Pequeño Alpamayo 17,880/5,450 m. This glacier mountain will offer us a moderate slope with some semi-technical steps. Our 5hr climb towards the summit will be compensated with magnificent views before we descend back to base camp.

Overnight Base Camp– Breakfast, lunch, dinner included.

Day 9 / August 24 Rest day at base camp

Overnight Base Camp– Breakfast, lunch, dinner included.

Day 10 / August 25 Cabeza del Condor summit day. We will leave the camp site at 2am; the approach can take 3 to 4 hours on a scree slope and then a scree ridge that will take us to the Cabeza del Condor superior glacial; from there it usually takes 4 hours of mix rock and ice terrain (130ft / 40 m) that will take us to the summit of Cabeza del Condor. Return to base camp and to La Paz.

Overnight La Paz– Breakfast and lunch included, dinner not included.

Day 11 / August 26 August 26 / Day 11 – Rest day

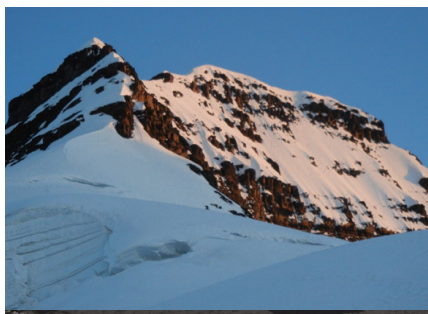
Overnight La Paz– Breakfast included, lunch and dinner not included.

Day 12 / August 27 We will make our way to the village of Sajama 13,123ft/4,000m. There, we'll spend the night in an area that was built close to the hot springs, giving us a beautiful view of Mount Sajama.

Overnight Sajama– Breakfast, lunch, dinner included.

Day 13 / August 28 Today we will hike up to base camp; it should take us four or five hours to reach our camp. The base camp is located at 15,400ft/4,700m.

Overnight Sajama Base – Breakfast, lunch, dinner included.





Day 14 / August 29 Move up to high camp at 17,900ft/5,450m. The hike to high camp should take us four or five hours.
Overnight High Camp– Breakfast, lunch, dinner included.

Day 15 / August 30 Today we will attempt to reach the summit of Sajama at 21,464ft/6,542m via the Northwest Ridge. Summit day will be long, but it is a straight-forward glacier climb that presents no technical difficulty. We will return to high camp for the night.
Overnight High Camp– Breakfast, lunch, dinner included.

Day 16 / September 1 Alternate summit day

Day 17 / September 2 – We will descend from high camp and hike back to the Sajama Village and start our drive back to La Paz.
Overnight La Paz - Breakfast included

Day 18 / September 3 Return flights home. BAI TRIP ENDS.

